

## Frequently Asked Questions

### 1 Is the procedure painful?

During the RFA, it's normal to feel pushing and pressure in the neck, but the procedure generally does not cause pain.

### 2 Will the procedure leave a scar?

No. There may be small markings on your neck from the electrode (needle) for 1-2 days following the procedure, but it will not leave any visible scarring.

### 3 How many procedures are necessary?

One procedure will reduce the size of the nodules and improve symptoms. If nodules are very large or close to nerves, additional procedures may be necessary.

### 4 How soon after an RFA procedure will I see results?

Most patients will typically see a decrease in the size of their nodule within 2-4 weeks.

### 5 Does my insurance cover this procedure?

Because STARmed Thyroid RFA is a relatively new treatment in the United States, it may be an out-of-pocket expense for patients. We recommend speaking to your insurance provider for more information.

Results vary. See back cover for information on benefits and risks.

## DISCOVER YOUR RELIEF TODAY

Hear Real Stories  
at [rfaforlife.com](http://rfaforlife.com)

"My hyperthyroidism was cured by a five minute procedure known as [thyroid] rfa." -James

"It's a relief to know that this procedure exists and works... it reduced it [her thyroid nodule] by 80%." - Regine

Results vary. See below for information on benefits and risks.

Patient education and resources help you make the best choice for your condition. Find more information about STARmed Thyroid Radiofrequency Ablation at [www.rfaforlife.com](http://www.rfaforlife.com).

References on Source Section of [rfaforlife.com](http://rfaforlife.com)

#### Indication:

The VIVA Combo RF Ablation System and star RF Electrode are intended for use in percutaneous and intraoperative coagulation and ablation of tissue.

#### Contraindications:

There is a risk that error may result due to the radiofrequency current on patients who have pacemakers and other active implants. Do not use the radiofrequency lesion generator and electrode on these patients.

#### Complications:

The following types of complications may result due to the use of the radiofrequency lesion generator and electrode.

- Tumor recurrence
- Burn due to the over-heating of the surgical equipment
- Dangerous situation due to the unskilled equipment control
- Cross-infection or complications due to the re-use of the inappropriate electrode
- Ascites/diarrhea
- Bleeding of the coagulated part
- Ventricular fibrillation

#### Caution:

Federal (USA) law restricts this device for sale by or on the order of a physician. Talk to your doctor about the risks and benefits of treatment options, including safety and cost considerations.

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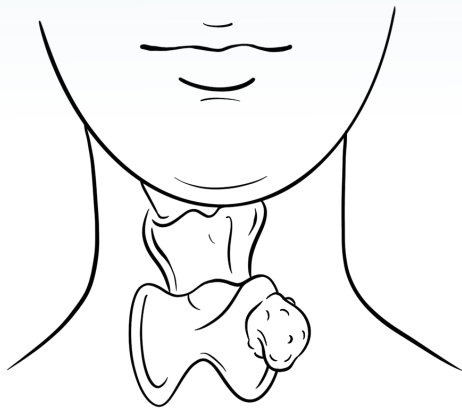
## DISCOVER RELIEF FROM THYROID NODULES WITHOUT SURGERY



# Thyroid Nodules

The majority of nodules are benign and non-life-threatening. However, they can still cause problems, including: discomfort, difficulty, or pain when swallowing, production of excess thyroid hormones, swelling and enlargement in the neck.

While surgery can be effective, the long-term effects of removing the thyroid is problematic for patients. Removing the thyroid gland altogether leaves a patient with unsightly scarring and a life-time need of medication.

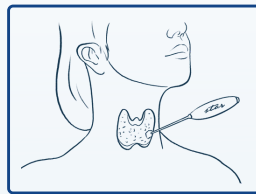


## A Non-Surgical Solution For Thyroid Nodules

STARmed Thyroid Radiofrequency Ablation (RFA) treats unwanted thyroid nodules without surgery. The RFA procedure reduces thyroid nodules while preserving the thyroid.

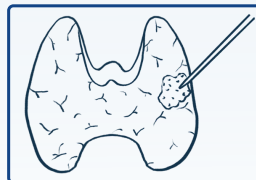
Keeping healthy tissue helps the thyroid function normally and makes a lifetime of medication unnecessary.

## STARmed Thyroid RFA



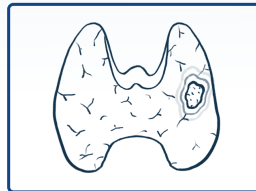
### 1 Target

Using imaging-guided ultrasound, the nodule is located, and the physician inserts the thin electrode directly into the nodule.



### 2 Treat

Using radiofrequency, your doctor will allow a carefully controlled amount of energy (heat) to flow through the electrode into the nodule.



### 3 Reduce

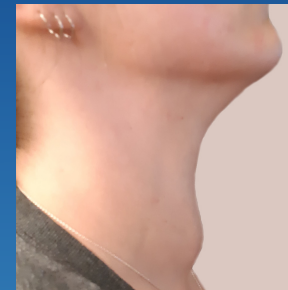
The nodule degenerates, and the degenerated tissue flows through the body as waste.

To learn more about STARmed Thyroid RFA, visit [rfaforlife.com/aboutstarmedrfa](http://rfaforlife.com/aboutstarmedrfa)

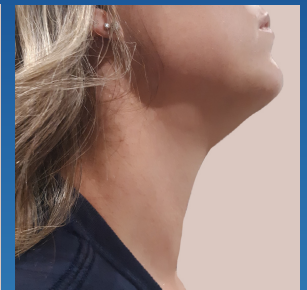


## RESULTS

Before  
STARmed RFA Procedure



6 Months After  
STARmed RFA Procedure



Before  
STARmed RFA Procedure



1 Year After  
STARmed RFA Procedure



Individual results may vary. Consult with your physician for more information on STARmed Thyroid RFA. Photos courtesy of Dr. Jung Hwan Baek.